

# PRIVATE COUNSELOR REFERRAL LIST

Some therapists have a **sliding scale** (denoted by \*\* after their name)  
and most take private insurance.

The words (wait) after the phone designate that the counselor currently has a waiting list.

**Updated 10.3.11**

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ADULTS AND COUPLES

<b>Battles, Susan LCSW</b>	EMDR, depression, anxiety, transitions/adjustments, trauma (Mondays) Bend: 604-0262
<b>Bellamy, Beth, BS</b>	Couples, women's issues Bend: 617.8835
<b>Boone, Judy, LCSW**</b>	Trauma, EMDR Bend: 312.3090
<b>Corconcepts – LCSW/LPC</b>	Counseling & Enrichment Center Bend: 389.5031
<b>Curfman, Nancy J., LCSW</b>	Depression, eating disorders, women Bend: 385.7408
<b>DiMeco, Phillip, LCSW**</b>	Anxiety, depression, trauma, sexual addiction, men's group Bend: 389-1239
<b>Dobkin, Donna, LCSW</b>	Depression, anxiety, trauma, couples Bend: 385.9427 (wait)
<b>Doster, Nancy, LCSW</b>	Anxiety, trauma, DBT, EMDR, couples Bend: 317.5660
<b>Estep, Susan, MS, CHT**</b>	Alternative, Anxiety, depression, PTSD, women Bend: 389-0622
<b>Forest, Laura, LCSW</b>	EMDR Relationships, women, equine therapy Bend: 317-1291 (wait)
<b>Forte, Karen, LCSW**</b>	Couples, Anxiety, depression, EMDR, trauma (GL&T too) Bend: 388.0095 (wait)
<b>George, Roxanne MFT, PhD** Acacia Rising Counseling</b>	Individuals, couples, families, trauma, violence, relationships Bend: 431-389-5050 (O)
<b>Gillet, Pamela, MA, LPC**</b>	Couples, adults, domestic violence Bend: 318.4500
<b>Goldstein, Sydnee, LCSW **</b>	Couples, adults, adolescents Bend: 728-4311
<b>Goodman, Sue</b>	Abuse recovery, marriages, parenting, Christian Bend: 385-1265
<b>Grantham, Shelly, MS, NCC **</b>	Adults, couples, parenting issues Bend: 617-0536
<b>Hammond, Mariya**</b>	Mood disorders, life transitions, couples Bend: 678-2639
<b>Hansen, Randi, LCSW**</b>	EMDR, ADHD Bend: 388.8457

**Henderson, Sylvia, MA, LPC** *Christian*, depression, grief, couples  
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COUNSELOR LIST - 120109.doc

Some therapists have a **sliding scale** (denoted by \*\* after their name)

	Bend: 389.6360
<b>Henson, James, LCSW</b>	Couples, sec therapy, addictions Bend: 389.7045 (retiring? 9/08)
<b>Hinchcliff, Liz, MA, LMFS **</b>	Adults, adolescents, family; Depression, anxiety, grief/loss Bend: 350-2578
<b>Holloway, Dorothy, MS **</b>	Depression, anxiety, grief/loss, EMDR Bend: 771-3247 or 617-0377
<b>Hudson, Linnea, LPC</b>	Kids and adults 749-4218
<b>Hurst, Hillary, MFT, LPC**</b>	EMDR certification process, trauma, grief, dual diagnosis, sexual /gender issues Bend: 610-6985
<b>Hood, Layne, LCSW**</b>	Anger, anxiety, depression, EMDR Bend: 390-5373
<b>Juhasz, Josie, LPC</b>	EMDR, adults, children, gender issues, sexual concerns 325-3254
<b>James, Kristin LMFT</b>	Teen, Couples, Adult, and Family Therapy Bend: 541-228-4775 bendfamilytherapy@gmail.com
<b>Kolb, Susan, LPC**</b>	Adults, adolescents, EMDR, trauma Bend: 550.8008
<b>Krkoc-Parker, Cheryl, LCSW**</b>	Anxiety, depression, trauma Bend: 330.6179
<b>Kryzanek, Roger, LCSW</b>	Couples, men, mood disorders Bend: 382.8870
<b>Ledyard, Steve, MFT</b> <b>Ledyard, Bea, MS</b>	Couples, imago therapy, adults Bend: 330-9782
<b>Life Works of Central Oregon</b>	<i>(8 therapists on staff – E. Conoway, P Conoway, R. Horowitz, G. Fratantaro, S.Marshall, L. Modjeski, J. Reinhart) ADHD, anger, anxiety, depression, chemical dependency, stress, trauma, prescribers Bend:</i> 382.8862
<b>Littau, Shellie M.S. N.C.C.**</b>	Domestic Violence/Trauma <b>Women only-sliding scale</b> <b>Counselingwomenandgirls.com</b>
<b>Mack, Linda, LPC, LMFT**</b>	Couples, depression, anxiety Has intern currently with low fees Bend: 617-9198

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<b>McFarland, Eve, LCSW</b>	EMDR, Gestalt, addictions Bend: 385.0557 <b>Takes Medicare</b>
<b>McKee, Janet, MS, LPC**</b>	Anger, anxiety, depression, trauma Bend: 383.0803 (short wait list)
<b>Middleton, Susan LCSW</b>	EMDR, adults and couples 504-8970
<b>Miller, Mary MS</b>	Anxiety, Depression, Trauma, EMDR. Young Adults, Adults, Geriatric populations 617-0337
<b>Mockaitis, Jim, MS, NCC **</b>	Juniper Mtn Counseling & Wellness Couples, families, youth; Men's issues, addictions, depression, anxiety, groups Bend: 617-0543
<b>Muir, Anne, LMFT</b>	EMDR Individual, marriage, family, child <i>Christian</i> Bend: 550-0567
<b>Palmer, Carol, MS</b>	Grief and loss, aging Bend: 480.0667
<b>Parker, Richard, LMFT</b>	Bend: 388-1255
<b>Pfeiffer, Robin, LCSW</b>	Anger, anxiety, depression, recovery (GL&T) Bend: 389.3450
<b>Reveles, Alyssa, LPC **</b>	Adult, adolescent and couples Bend: 350-9062
<b>St. Charles Medical Center</b>	Behavioral Health Services Bend: 706.2768
<b>Spring, Robin, MA **</b>	Abuse, domestic violence groups Bend: 389.7960
<b>Stetson, David, LCSW, CEAP**</b>	Alcohol & drugs, , Men (GL&T too) Bend: 771.2324
<b>Swanson, D'Arcy, MC, LPC**</b>	Grief, relationships, trauma Bend: 419.3947
<b>Tamminga, Karen, LCSW**</b>	Adults, depression/anxiety, PTSD, chemical dependency, COA, (short wait list) Bend: 388.8231
<b>Katie Terrel, MC (LPC in process) **</b>	Adults, depression, anxiety, addictions Bend: 788-1415
<b>Wayman, Nora, LCSW</b>	Groups, guided imagery (GL&T too) Bend: 749-4305
<b>Werkman, Alan, LCSW**</b>	Bend: 330.1975 Redmond: 330-1975

Some therapists have a *sliding scale* (denoted by \*\* after their name)

Weiss, Alex MS \*\* Anxiety, depression, trauma, PTSD, Adults & Adolescents  
541-419-6958

Women's Resource Center\*\* Counseling, groups, classes Bend: 385.0750

Zancanella, Carol LCSW EMDR, Adults, Seniors, trauma, medical  
633-2944

Ziegler, Kristina, LCSW, NCAC, ATR-BC\*\* Anger, art therapy, chemical dependency, depression, trauma accepts open card  
Bend: 541-512-5457

Zimmerman, Catherine, MSW Adults, couples, personal growth  
Bend: 280.3422

### CHILDREN AND FAMILIES

Averie, Tricia\*\* Children and Family, \$75 down to \$25 p/hr  
DBT and EMDR Bend: (541) 420-1096.  
[Tril9043@hotmail.com](mailto:Tril9043@hotmail.com).

Bellamy, Beth, BS Family and parenting issues Bend: 617.8835

Biskind, Jessica, MA Depression, Anxiety, Anger Mgmt. Divorce, Parenting, Grief & Loss  
Bend & Prineville: 617- 9198

Boone, Judy, LCSW\*\* Families, EMDR Bend: 312.3090

Curfman, Nancy J., LCSW Adolescents, eating disorders, groups  
Bend: 385.7408

Di Meco, Phillip, LCSW\*\* Adolescents, anxiety, depression, trauma  
Bend: 389-1239

Flaherty, Meghan, LCSW *will consider* Adolescents and families, DBT, adolescent DBT group Bend: 647-4931

Grantham, Shelly, MS, NCC \*\* Younger children, parenting issues, ADD/ADHS, behavioral issues Bend: 617-0536

Halpern-Collins, Melinda, LPC\*\* Children, families, EMDR, play therapy  
Bend: 749.0535

Hansen, Randi, LCSW\*\* Children, adolescents, family, ADHD , EMDR  
Bend: 388.8457

Henderson, Slyvia, LPC Families: *Christian counseling*, depression, grief, play therapy Bend: 389.6360

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<b>Herbert, Lynne, LPC</b>	Attachment theory, children & adolescents. Bend: 389-5446
<b>Higdon, Tim, LPC</b>	Family and relationships, parenting Bend: 330.9782 or 389.7586
<b>Hoffman, Nancy</b>	kids, teen and sports/performance 390-3299
<b>Hood, Layne, LCSW**</b>	Adolescents & Adults Bend: 390-5373
<b>Horowitz, Bob</b>	Bend 598-5850
<b>George, Roxanne MFT, PhD**</b>	Acacia Rising Counseling Individuals, couples, families, trauma, violence, relationships Bend: 389-5050
<b>James, Kristin LMFT</b>	Teen, Couples, Adult, and Family Therapy Bend: 541-228-4775 bendfamilytherapy@gmail.com
<b>Lear, Peter LCSW</b>	Children and family Bend 306-6154
<b>Ledyard, Bea, MS</b>	Three Rivers Center for Relationships Children, play therapy Bend: 330-9782
<b>Leeberg, Liz</b>	EMDR Children and adults 318-7023
<b>Littau, Shellie M.S. N.C.C.**</b>	Adolescents-(domestic violence trauma) 300 SE Reed Market Rd. Bend Phone: 728-1858
<b>Lode, Nancy</b>	EMDR CAD11, teens and adults 541-408-0215
<b>MacDonald, Sandy, LCSW**</b>	Middle school children, Adolescents & family: Depression, Family therapy, ADD/ADHD, Socialization Bend: 647-8109
<b>Mack, Linda, LPC-LMFT**</b>	Children, adolescents & family Bend: 617-9198
<b>Miller, Mary MS</b>	Anxiety, Depression, Trauma, EMDR. Young Adults, Adults, Geriatric populations 617-0337
<b>Muir, Anne, LMFT</b>	Individual, marriage, family, child Christian Bend: 550-0567
<b>Nelson, Sarah LCSW</b>	EMDR all ages, families, parenting 330-4778

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St. Charles Family Care	Takes all patients regardless of their insurance coverage or lack of insurance or ability to pay 541-706-4800 Walk ins and schedules patients welcome.
Goodman, Sue	Abuse recovery, marriages, parenting <i>Christian</i> Bend: 385-1265
Palmer, Carol	Children, grief & loss Bend: 480.0667
Painter, Lee, LCSW	Bend: 948-7499
Parker, Richard, LMFT	Adolescents Bend: 388.1255
Pfeiffer, Robin, LCSW	Anger, anxiety, depression, teens 16+ Bend: 389.3450
Reveles, Alyssa, LPC **	Adolescents, EMDR Bend: 350-9062
Rosen, Suzy, LCSW **	Child, Teen, trauma, abuse, adoption, EMDR Bend: 771-1687
Shekerdemian, Linda, LPC	Play Therapist 15 NW Park Place Bend: 541 815-9675.
Stratton, Caroline, MS**	Couples, families, and Adolescents. 14 & up Bend: 389.4087
Talley, Pamela, LMFT	Families and relationships Bend: 389-2242
Thedford, Anna	Juniper Mt Counseling & Wellness Youth and Family 541-390-8655
Van Dusen, Anne	Adolescents and children (GL&T too) Bend: 389-0101
Wayman, Nora, LCSW	Adolescents Bend: 749-4305
Werkman, Alan, LCSW**	EMDR Bend: 330.1975 Redmond 330-1975
Ziegler, Kristina, LCSW, NCAC, ATR-BC**	Adolescents., art therapy, chemical dependency, depression, trauma <b><u>accepts open card</u></b> Bend: 541-512-5457

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**GAMBLING HOTLINE**

**1.877.278.6766**

(treatment is free, confidential and available to either the gambler or a family member or both in Crook, Jefferson and Deschutes counties).

**GA meetings**

Redmond, Thursdays at 6pm,  
Zion Lutheran church, 280-7249  
Bend, Tue & Fridays 7pm Central Oregon  
Fellowship Hall-225 NE Thurston,  
Linda 390-4365

**SEXUAL/IDENTITY (GAY, LESBIAN, AND TRANSGENDER)**

**Forte, Karen, LCSW\*\***

Anxiety, depression, trauma, EMDR  
Bend: 388.0095

**George, Roxanne MFT, PhD\*\*  
Acacia Rising Counseling**

Individuals, couples, families, trauma, violence,  
relationships Bend: 431-389-5050 (O)

**Hurst, Hillary, MFT, LPC\*\***

sexual identity/gender issues  
Bend: 610-6985

**Juhasz, Josie, LPC\*\***

Trauma, sexuality EMDR  
Bend: 325.3254

**Pfeiffer, Robin, LCSW**

Gay and lesbian issues  
Bend – 389-3450

**PFLAG: Parent, Family,  
and Friends of Lesbians  
and Gays**

2<sup>nd</sup> Monday/mo @ 6p.m.  
60850 Brosterhouse Rd.  
Pflagcentraloregon.org Bend: 317.2334

**Stetson, David, LCSW\*\***

Teens and families, sexual addictions  
Bend: 771.2324

**Van Dusen, Anne**

Adults, couples, families  
Bend: 389.0101

**Wayman, Nora, LCSW**

Adults, children, families  
Bend: 749-4305

**GERIATRICS/AGING**



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Chabot, Kathleen, LPC	Seniors, eating disorders, groups Bend: 410-7501
Cook, Linda, LCSW**	Geriatrics, trauma, grief Prineville - 350.0117
Krkoc- Parker, Cheryl, LCSW	Geriatrics, specializing in aging, anxiety, depression, trauma Bend – 330.6179
Miller, Mary MS **	Geriatrics specializing in anxiety, depression Grief/loss, life-stage changes, reminiscent groups Bend: 617-0337

SPANISH SPEAKING

Wayman, Nora, LCSW	Adults, children, families Bend: 749-4305
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VIOLENT OFFENDERS & ANGER MANAGEMENT

Early, Dan, MA	Sexual and violent offenders Bend – 383.4914
Mattick, Gary,	Bend – (541) 389-1269

PSYCHIATRIC NURSE PRACTITIONERS

++ taking new referrals

Bassett, Sandy, PMHND	Bend - (541) 385-3060 <i>Not accepting new patients</i>
Bassett, Sue MN, PMHNP	Therapy and med mgmt. Redmond: 548.7476
Bend VA Clinic	2115 NE Wyatt Ct., Ste. 201 Fax: 389.5459
MacWilliams, Deborah PMHNP	Bend: 617:0351 <b>Only accepting new patients for Counseling services at this time</b>
McFerran, Don, PMHNP	306-4447
Modjeski, Lynn, PMHNP	382-8862
La Pine Community Health Center	536-3435
Life Works of Central Oregon Including: Lynn Mojeski, PMHNP, Nick Campo, PMHNP	Bend: 382.8862

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Simmons, Madeline, PMHNP Works with Alan Werkman  
Bend: 330-1975

Woodland, Satu, RN, PMHNP Therapy & med mgmt.  
Bend: 312.0111  
<http://www.bendmentalhealth.com/>

Volunteers In Medicine 2300 NE Neff Rd .Bend: 330.9001

PSYCHIATRISTS

Barrett, Josesph, MD 382.1395

Campbell, Lawrence, MD 382.1395

Chopra, Gupreet, MD Children  
Bend: (541) 382.1395

Herz, William, MD 388-9836

LaKovics, Magnus, MD 382.1395

Monteverdi, Anthony, MD 382.1395

++Montoya, Angelina, MD Adults & children  
Bend: 678-5652  
Cash or check only

Nebolon, Monique, DO Bend - (541) 388-7950

Tsai, Lulu, MD Redmond (541) 350-2408

COUNSELING PROVIDERS OUTSIDE OF BEND: Redmond, Prineville, Sunriver Lapine

*Redmond*

Launer, Lynn, LCSW Childhood, families, loss, EMDR  
Takes Medicare  
Redmond: 923.1818  
Cell:541-420-7981

Latterell, Leanne, LCSW Grief, EMDR, Takes Medicare  
504-5406

Ludwig, Karen, LPC, MAC\*\* Addictions, adults & adolescents, anger  
management, stress  
Redmond: 548.4709

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<b>Bill Mahnke, MS**</b>	Water cup counseling MH and <i>Christian Counseling</i> Redmond: 923-8776 Non-profit, sliding scale \$25-\$65
<b>Martin, Ann, LCSW</b>	Child & Family Redmond:504-8970
<b>Nelson, Sarah, LCSW</b>	Children Redmond: 330.4778
<b>St. Charles Behavioral Health</b>	(takes Medicare – LCSWs) Redmond: 322-2768
<b>Turner, Micki, LCSW, PhD</b>	Anxiety, couples, EMDR, grief, trauma Redmond: 350.1049
<b>Werkman, Alan**</b>	Redmond: 330.1975
<i>Prineville</i>	
<b>Cook, Linda, LCSW</b>	Children & family, trauma Prineville: 350-0117
<i>Sunriver / Lapine</i>	
<b>Smith, James, LPC</b>	Attachment therapy, Trauma La Pine: 536.5985 Sunriver: 593.1011
<i>Sisters</i>	
<b>Greer, Cindy, LCSW</b>	Sisters: 420.7671
<b>Falco, Kristine, PsyD</b>	Sisters: 480.4887
<b>Serkownek, Ken, PhD</b>	Sisters: 771.0864
<b>Miller, Scott, PsyD</b>	Sisters: 549.1300
<b><u>PSYCHOLOGISTS</u></b>	
<b>Backus, Diane, PhD</b>	Bend: 617.0024
<b>Barram, Andrew, PsyD</b>	388.3592
<b>Bundy, Bruce, PsyD, PC</b>	Adults & Adolescents. 382.0279
<b>Clements, Judith, PhD</b>	Eating disorders389.3828
<b>Conner, Michael, PsyD</b>	388.5660
<b>Dragovich, Susan, PhD</b>	Adult & children 388.0180
<b>Eisman, Ellen, PhD</b>	385.3155

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Falco, Fristine, PsyD	Equine Assisted Psychotherapy 480.4887
Gertler, Ray, PhD	Individuals & families 389.5178
Giffin, Patty, PhD	Adults, adolescents & families 382.2677
Goldstein, David, EdD	382.9006
Gray, Jeffrey, PhD	382.6022
Houston, Barbara, PsyD	317.4650
King, Julie, PhD	388-3534
Miller, Fran, PhD	Adults, adolescents, families 317-1718
Miller, Scott, PhD	Adults, adolescents, parenting Sisters: 549.1300
Prignano, John, PhD	Adults, adolescents, families 388.8233
Russell, Stephanie, PhD	Adults & children 330.2254
Saporito, Fred, PhD, LPC	Works with Sex offenders 388.9904
Schock, Leah, PhD	Adults, geriatric 383.6844
Schraeder, Linda, PhD	419.3949
Talley, Steven, PsyD	Adults, children, family 389.2242
Trueblood, William, PhD	385.5203
Whitehead, Michelle, PhD, MHNP	382.5161

**SUBSTANCE ABUSE/ADDICTIONS**  
**INPATIENT:**

**Rimrock Trails Adolescent  
Treatment Program**

Adolescent residential  
Prineville – 447.2631

**Best Care Treatment Program:**

**DETOX / Adult Residential**  
Redmond – 504.9577

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**OUTPATIENT:**

<b>Rimrock Trails Adolescent Treatment</b>	Bend: 388.8459 La Pine: 536.7808 Prineville: 447.2631
<b>Best Care Treatment</b>	Outpatient in Bend and Redmond, DUII Bend: 617.7365 Redmond: 504.2218
<b>Doster, Nancy, LCSW</b>	Bend: 317.5660
<b>Henson, James, LCSW</b>	Bend: 389.7045
<b>Hood, Layne, LCSW</b>	Bend: 390.5373
<b>Kryzanek, Roger, LCSW</b>	Bend: 382.8870
<b>Life Works of Central Oregon</b>	Bend: 382.8862
<b>Ludwig, Karen, LPC, MAC**</b>	Redmond: 548.4709
<b>Matlick, Gary</b>	DUII Alcohol and drug evaluation specialist Bend: 389-1269
<b>McFarland, Eve, LCSW</b>	EMDR Bend: 385.0557
<b>Pfeiffer &amp; Associates**</b>	outpatient in Bend, La Pine, and Redmond, DUII Bend: 383.4293
<b>Serenity Lane</b>	outpatient in Bend, La Pine, and Redmond, DUII Bend: 383-0844
<b>Stetson, Dave, LCSW</b>	Substance abuse (also, see GLT) Bend: 389.3450
<b>Withrow, Paul</b>	DUII Alcohol and drug evaluation specialist (also, see violent off./anger mgmt) Bend: 388.1330
<b>Ziegler, Kristina, LCSW **</b>	<u>Accepts open card</u> Bend: 541-512-5457

**OUTREACH:**

**Full Circle Outreach** Homeless in Redmond  
Rebecca Nicholson - Provides "starting over" supplies to persons coming out of recovery programs,  
offers re-training life skills classes, gas vouchers & resources  
Redmond – 788.3961 [www.fullcircleoutreach.net](http://www.fullcircleoutreach.net)

